



Mahidol University
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Department of Public Health Administration

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CURRENT POSITION Lecturer

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EDUCATION

Degree	Major	University/Country
Doctor of Philosophy	Epidemiology and Population Health	London School of Hygiene and Tropical Medicine, UK
Master of Public Health	Public Health	University of Essex, UK
Master of Science	Food and Nutritional Toxicology	Institute of Nutrition, Mahidol University, Thailand
Bachelor of Science	Health Science	Thammasat University, Thailand

WORK EXPERIENCE

- 2025: Senior researcher, International Health Policy Foundation
- 2023 – 2024: Head of Climate Change and Food Security Unit, International Health Policy Foundation
- 2022: Consultant (Data scientist), Laboratory of Data Discovery for Health (D²4H), The University of Hong Kong
- 2021: Contractor (to produce Thailand's case study on sugar-sweetened beverage taxation), World Health Organization Thailand
- 2018 – 2022: Research Fellow, International Health Policy Foundation
- 2014 – 2017: 1. Manager of Food and Nutrition Policy for Health Promotion Program,
2. Head of Health Promotion Research Unit,
International Health Policy Program Foundation

- 2011 – 2018: Researcher, International Health Policy Foundation, Ministry of Public Health
- 2008 – 2010: Research assistant, International Health Policy Foundation, Ministry of Public Health
- 2003-2004: Research assistant, Bureau of Epidemiology, Ministry of Public Health.

RESEARCH INTERESTS OR EXPERTISE

- Food and nutrition policy research
- Impact of climate change on food systems
- Policy Evaluation
- Equity and social justice

PUBLICATIONS/RESEARCH

- 2025 Phonsuk P, Curtis C, Phatchana P, **Pongutta S**. Consumer understanding, preferences, and acceptance of front-of-pack labels in Thailand: Foundational evidence for policy development. *Public Health Nutrition* (Accepted).
- 2024 **Pongutta S**, Tangcharoensathien V, Leung K, Larson HJ, Lin L. Social Vulnerability and Compliance With World Health Organization Advice on Protective Behaviors Against COVID-19 in African and Asia Pacific Countries: Factor Analysis to Develop a Social Vulnerability Index. *JMIR Public Health Surveill.* 2024 Aug 13;10:e54383. doi: 10.2196/54383.
- 2023 **Pongutta S**, Vithayarungruangsr J. Subjective well-being of Thai pre-teen children: Individual, family, and school determinants. *Heliyon.* 2023;9(5):e15927-e.
- 2023 **Pongutta S**, Ferguson E, Davey C, Tangcharoensathien V, Limwattananon S, Borghi J, Wong CKH, and Lin L. 2023. The Impact of a complex school nutrition intervention on double burden of malnutrition among Thai primary school children: a 2-year quasi-experiment. *Public Health* 2023;224:51-7.
- 2022. **Pongutta S**, Ajetunmobi O, Davey C, Ferguson E, Lin L. Impacts of School Nutrition Interventions on the Nutritional Status of School-Aged Children in Asia: A Systematic Review and Meta-Analysis. *Nutrients.* 2022; 14(3):589. <https://doi.org/10.3390/nu14030589>
- 2021 **Pongutta S**, Kantamaturapoj K, Phakdeesettakun K, Phonsuk P. The social impact of the COVID-19 outbreak on urban slums and the response of civil society organisations: A case study in Bangkok, Thailand. *Heliyon.* 2021 May 27;7(5):e07161. doi: 10.1016/j.heliyon.2021.e07161.
- 2021 Phonsuk P, Vongmongkol V, **Pongutta S**, Suphanchaimat R, Rojroongwasinkul N, Swinburn BA (2021) Impacts of a sugar sweetened

beverage tax on body mass index and obesity in Thailand: A modelling study. PLoS ONE 16(4): e0250841.

<https://doi.org/10.1371/journal.pone.0250841>

- 2020 Chatchawarn Paopeng, Payao Phonsuk, **Suladda Pongutta**. Consumer preferences and willingness to pay for participatory guaranteed systems of organic certification. Development Economic Review. Volume 14 No.2 (July 2020)
- 2019 Kannapon Phakdeesettakun, Sopit Nasueb, **Suladda Pongutta**. Role of Higher Education Institution with promoting the capacity of organic agriculture in the community. Journal of Agricultural Research and Extension. Vol.38 No.2 pp 157-168 2019.
- 2019 Markchang K, **Pongutta S**. Monitor prices of and sugar content in sugar-sweetened beverages from pre to post excise tax adjustment in Thailand. Journal of Health Systems research. Vol. 13 No.2 April-June 2019.
- 2019 **Pongutta S**, Tantayapirak P, Paopeng C. Packaged food consumption and understanding of front-of-pack labels in urban Thailand. Public Health. 2019 Jul;172:8-14. doi: 10.1016/j.puhe.2019.04.004. Epub 2019 May 27.
- 2019 **Pongutta S**, Suphanchaimat R, Patcharanarumol W, Tangcharoensathien V. Lessons from the Thai Health Promotion Foundation. Bull World Health Organ 2019;97:213–220. doi: <http://dx.doi.org/10.2471/BLT.18.220277>.
- 2019 Titiporn Tuangratananon, Sangay Wangmo, Nimali Widanapathirana, **Suladda Pongutta**, Shaheda Viriyathorn, Walaiporn Patcharanarumol, Koulant Thin, Somil Nagpal, Christian Edward L Nuevo, Retna Siwi Padmawati, Maria Elizabeth Puyat-Murga, Laksono Trisnantoro, Kinzang Wangmo, Nalinda Wellappuli, Phuong Hoang Thi, Tuan Khuong Anh, Thinley Zangmo, Viroj Tangcharoensathien. Implementation of national action plans on noncommunicable diseases, Bhutan, Cambodia, Indonesia, Philippines, Sri Lanka, Thailand *and Viet Nam*. Bull World Health Organ 2018;97:129–141. doi: <http://dx.doi.org/10.2471/BLT.18.220483>.
- 2018 **Pongutta S**, Chongwatpol P, Tantayapirak P, Vandevijvere S. Declaration of nutrition information on and nutritional quality of Thai ready-to-eat packaged food products. Public Health Nutrition. [Volume 21](#), [Issue 8](#) June 2018, pp. 1409-1417. doi:10.1017/s1368980017003792.
- 2017 Chatchawarn Paopeng, **Suladda Pongutta**, Supon Limwattananon, Chulaporn Limwattananon, Surasak Chaiyasong, Kanjana Tisayaticom, Walaiporn Patcharanarumol, Viroj Tangcharoensathien. Food Consumption Behaviors among Different Groups of Thai Population: Do

Demographic, Socio-Economic, and Health Status Matter?. Journal of Health Systems Research. Vol.11(3). July – September 2017.

- 2016 Kantamaturapoj K, Kunpeuk W, **Pongutta S**. Knowledge to promote organic fruit and vegetable consumption in Thailand. Journal of Politics and Governance. 2016; Year 6 (No.1) September 2015 – February 2016.
- 2015 **Pongutta S**, Sirichakwal P, Chittchang U, Puwastien P, Rojroongwasinkul N, Sranacharoenpong K, Inthararak P, Chongviriyaphan N, Saleephan S, Moh-Suwan L, Suthutvoravut U. [Nutrient Profiling: a Tool to Strengthen Nutrition Intervention in Thailand](#). Journal of Health Science. 2015; Vol.24 No. 6 November – December.
- 2015 Khunpeuk W, Cetthakrikul N, Phulkerd S, Pongcharoen T, Udomkarnjananan S, **Pongutta S**, Thamarangsi T. Situation of Food Provision in Child Care Centers in Thailand. Journal of Health Science. 2015; 24 No.4 July – August.
- 2015 Topothai T; Topothai C; **Pongutta S**, Suriyawongpisarn W, Chantrasiri O, Thamarangsi T. The Daily Energy Expenditure of 4 Domains of Physical Activity of Thai Adults. Journal of Health Systems Research. 2015;9 (2) April-June
- 2015 Cetthakrikul N, Thaichinda C, Topothai T, Prakongsai P, Thamarangsi T, **Pongutta S**, Kunpeuk W. Feasibility of the Extension of Paid Maternity Leave from 90 Days to 180 Days in Thailand. Journal of Health Science. 2015; 24 No.4 July - August
- 2013 **Pongutta S**, Prakongsai P, Jankotekaew J, Wongjinda T. Bangkok floods in 2011 and its impacts on household livelihood and health of the residents. Journal of Health Science. 2013; 22:788 -801.
- 2011 Thamarangsi T, Pitayarangsarit S, Iampradit P, Phulkerd S, **Pongutta S**, Waleewong O, Limwattanayingyong A. NCD gaps and opportunities in addressing noncommunicable diseases in Thailand with WHO's best buys and good buys interventions. Journal of Health Systems Research. 2011; Oct-Dec;5(4).
- 2011 Phulkerd S, **Pongutta S**, Thamarangsi T, Walaiporn P. Lessons learned from international experience and challenges to future food and nutrition policy in Thailand. Journal of Health Science 2011 Mar-Apr;20(2).
- 2011 Thamarangsi T, Phulkerd S, **Pongutta S**. Review on the situation of overweight and obesity in Thailand. Journal of Health Science. 2011; Jan-Feb;20(1).

ACADEMIC BOOK/REPORT

- 2025 Pongutta, S. (2025). Undernutrition and Overnutrition in Thailand: A Double Burden. In: Preedy, V.R., Patel, V.B. (eds) Handbook of Public

Health Nutrition. Springer, Cham. https://doi.org/10.1007/978-3-031-32047-7_116-1.

- 2022 Case Study: Population-based Legislative Interventions on Implementation of Taxation on Sugar-Sweetened Beverages in Thailand. Nonthaburi: World Health Organization; 2021. Licence: CC BY-NC-SA 3.0 IGO.
- 2015 Pongutta S and FHP team. Food and nutrition policy: Where are we now?. Nonthaburi: International Health Policy Program; 2015.

PROFESSIONAL PRESENTATIONS

AWARDS & SCHOLARSHIP

- 2018 Health Policy and System Research Fellowship for a PhD
- 2012 “Best Research Project award” from the National Public Health Conference 2012, for the research project: *Bangkok floods in 2011 and its impacts on household livelihood and health of the residents*
- 2010 WHO fellowship for a master’s degree
- 2007 “Best research project award” from food and nutrition area from the 2nd Thailand Congress of Nutrition, 2007 for the research project: *Effect of Kaeng Lieng on NAD(P)H: quinone reductase (QR) activity, and azoxymethane-induced aberrant crypt foci (ACF) in Wistar rats*